

Developing a Community Garden

SC Cancer Alliance Winter Conference

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WHY Community Garden?

- 11 overall themes (Draper & Freedman, 2010)
 - Health promotion/Healing
 - Community connection/Engagement
 - Relationship cultivation
 - Cultural expression

Source: NY Times –

*In Latino Gardens, Vegetables,
Good Health and Savings Flourish.*



Community Gardening with a Focus on Cancer:

- Prevention; survivors; treatment/therapy
- Examples:
 - The Comprehensive Cancer Control Program in FL – giving out grants for CG
 - Little Red Door Cancer Agency in IN – planted a CG on site for clients and greater community
 - Cancer Victory Garden in San Diego – planted by a woman fighting cancer who moved to the U.S. from Zimbabwe



Source: Little Red Door website



Source: Cancer Victory Gardens blog

HOW to Start a Community Garden:

1. Identify stakeholders and form a planning committee.
2. Choose a site (6 hours of sunlight/land agreement for 3 years).
3. Gather funds and materials (seek donations).
4. Organize the garden (plots? membership? rules and guidelines?).
5. Prepare and develop the garden site.
6. Start planting!

Adapted from the [American Community Gardening Association](#) website



<http://blogs.kqed.org/bayareabites/2009/05/05/the-garden-movie-the-life-death-of-a-community-garden-in-los-angeles/>

Community Gardening in SC:

- Columbia – City/University incubator; Gonzales Gardens Community Garden (coming soon)
- Greenville – Gardening for Good
- Florence – Eat Smart, Move More SC Florence Chapter

Initial plans to start a coordinated state-wide network of community gardens and supports...

